

Flyboard



① Put on the boots



Tighten the shoelaces

② Moving

Right



Bend your knee in the direction you want to go

Left

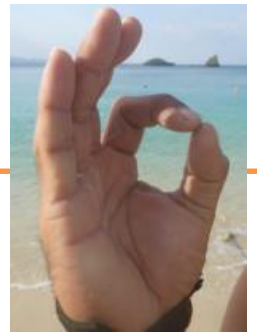


Straight



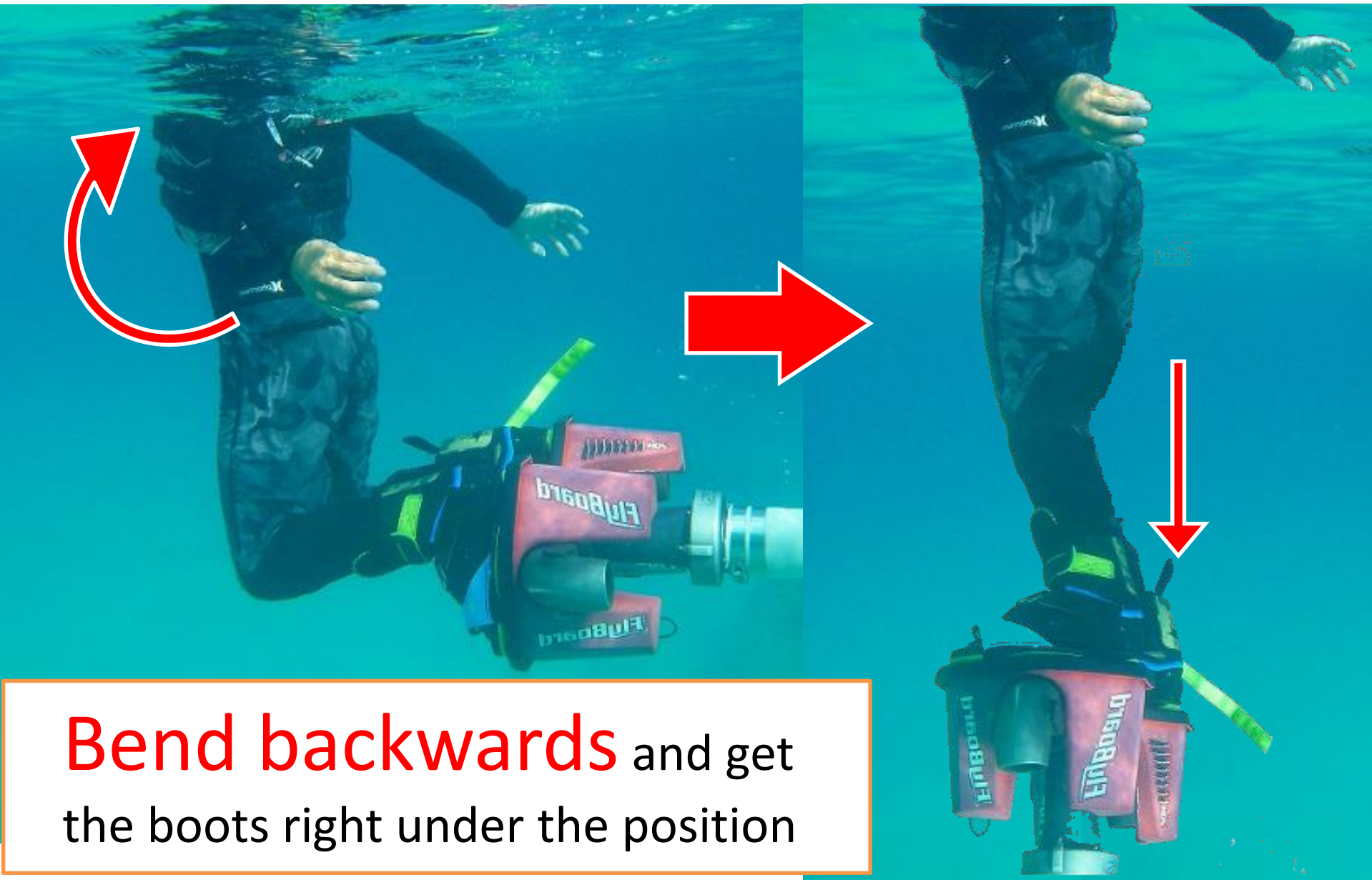
③ Lie on your stomach

Turn your body when instructor signs



Use your hands to turn

④ Stand up in the water



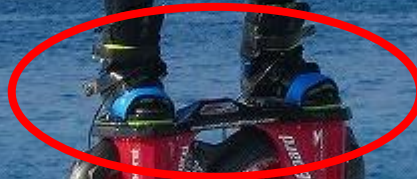
Bend backwards and get the boots right under the position

⑤ How to **balance**

Relax!



Look **forward**



Use your **feet** to keep balance



⑥ How to **fall** in the water

Protect your head

Bend your back



⑦ Be careful when you fall

Protect yourself from the jet ski



Please check the hand signals
on the back ➡